



DofE Kit List



Clothing

Item Needed	Notes	Got it	Packed it
1 Pair of walking boots or shoes	Broken in, thick sole and good tread		
2 Pairs of walking socks			
Jacket/coat	Waterproof and windproof		
Waterproof over-trousers			
1 Fleece top or similar	Needs to warm		
2 t-shirts	Thermal optional, long sleeves		
1 walking trousers	Warm, not jeans		
1 pair of shorts	If appropriate		
Underwear	Sports Bra		
Nightwear			
Flip flops/sandals/trainers	Optional for campsite use		
Warm hat and or sunhat	As appropriate		
1 Pair gloves	If appropriate		

Personal Kit

Item Needed	Notes	Got it	Packed it
Rucksack			
Rucksack liner	Or strong plastic bag		
Sleeping bag			
Sleeping mat			
Waterproof bag			
Sleeping bag liner	Optional		
Whistle			
Torch	Handheld or head torch (with spare batteries)		
Personal first-aid kit	Some items could be shared as a group		
Food	Including emergency rations		
2 Bottles of water	2 litres		
Plate/Bowl Cutlery			
Pen Knife and lighter	Silver & Gold Groups only		

Please note there are NO CAMERAS on Expedition

Personal Kit cont'd

Item Needed	Notes	Got it	Packed it
Mug			
Wash kit/personal hygiene items	Some items could be shared as a group		
Sun cream			
Towel	Optional		
Notebook and pen/pencil			
Watch			

Group Kit (team)

Item Needed	Notes	Got it	Packed it
Wash kit/personal hygiene items	Some items could be shared as a group		
Scourers	For washing pans		
Tea towels			
Plastic bags			
Toilet paper			
Compass	Silva: Classic, Field, Ranger, Expedition 4 compasses		
First-aid kit			

Group Kit (Provided by school)

Item Needed	Notes	Got it	Packed it
Tent(s)			
Camping Stove(s)			
Camping stock fuel	Gas canister		
Cooking pans	Included with Trangia stoves		

Additional Optional Kit (for you to consider)

Item Needed	Notes	Got it	Packed it
Head/neck scarf			
After sun cream			
Sunglasses			
Insect repellent			
String			
Spare boot laces			